

Pornography **“A Public Health Crisis”**

Fact: Pornography is sexually explicit material intended primarily for sexual arousal. S.A. Lifeline Foundation

Fact: “Widespread pornography consumption appears to pose a serious challenge to public health and to personal and familial well-being.”
The Social Costs of Pornography

Fact: “Mirror neuron research reveals that multiple areas of the brain respond to visualized images, and these respond to what we are seeing, **Liking what we see...Wanting what we see...Getting what we see... Dopamine Serotonin – Internet Addiction.**”
Sharon Cooper, M.D., 2 014 Morality in Media Pornography Summit

Fact: “Addiction is shown to alter the brain, but the brain can change, either good or bad by learning.”
Donald Hilton, M.D., 2014 Morality in Media Pornography Summit

Fact: “We have let the Media and the Sex Industry be the sexual education for our kids today, but why, most of these images are false.”
Gail Dines, Ph.D., 2014 Morality in Media Pornography Summit

Fact: “Internet pornography is being viewed by children as early as age 9, many forming earlier addictions and further destruction of society.”
The Social Costs of Pornography

Fact: “There is a definite link between Sex Trafficking and Pornography, read Nadine’s story.”
Laura Lederer, ESQ. – www.pornharms.com

Research: “Sexualized Media and Kids Research reveals alarming statistics about young people (18 yrs. Old) who have been exposed to sexualized media (both pornography & sexualized TV).”
Mary Anne Layden, Ph.D – layden@mail.med.upenn.edu

Research: Pornography is an addiction that feeds on secrecy and shame and can destroy a person, body and soul.
S.A. Lifeline Foundation

Research: The Addictive Process: 1. Addiction – person compulsively views pornography; 2. Escalation – person seeks progressively harder core pornography; 3. Desensitization – tolerance increases to progressively explicit materials; 4. – Acting Out Sexually – acts out fantasies viewed in the pornography (prostitution – adultery, etc).
Dr. Victor Cline, “Pornography Effects on Adults and Children, Morality in Media

Studies: Internet pornography is handicapping youth from being able to develop a healthy sexual self, and affecting their attitudes and behavior on multiple levels. Donna Hughes, Professor – Social Costs of Pornography

Studies: Pornography is neither harmless nor helpful. Pornography use is not simply a habit. It is a mood altering, belief changing, relationship damaging, addiction forming, socially harmful, spiritually deadening, life crippling practice, through which one practices the ways of the adversary.
Jill C. Manning Ph.D. S.A. Lifeline Foundation

Recovery: Spiritual healing, as well as emotional, psychological, and neurological healing, must take place, to gain recovery from this addiction. 12-Step Program similar to AA. S.A. Lifeline Foundation

Recovery: By using a practical approach to reduce sexual exploitation and helping the members in your family, healing can occur.
Douglas Weiss, Ph. D., <http://www.drdougweiss.com>

Recovery: If victims tell the truth, their secret is out and can heal, but if they lie they can’t face their problems.
Mary Anne Layden, Ph. D. <http://www.layden@mail.med.upenn.edu>

Pornography Statistics – 2013

70% of men ages 18 to 34 visit pornography websites in a typical month.
47% of families in the United States say pornography is a problem in their home.
55% of divorces are related to pornography.
Nearly 87% of young men and 31% of young women reported using pornography.
9 years old is the average age at which children first see online pornography.
83% of youth watch pornography at home.
9 out of 10 children between the ages of 8 and 16 have viewed pornography on the Internet,
in most cases unintentionally.
Over 400 BILLION dollars a year is spent on video pornography in the United States, more than on
football, baseball, and basketball.

Action Plan

Teach Your Children: Be proactive, start talking to your children while they are very young (ages 3–5), providing books that help them understand good images from bad images and to know their bodies are special gifts from God . When time comes for the pre-teen and teenagers find help for them using Theology of the Body for Teens as well as a new program called “Fight the New Drug”. Resources: Jennie Bishop, <http://www.puritywork.org>, Kristen Jenson, <http://www.goodpicturesbadpictures.com>, Christopher West, <http://www.TOBforTeens.com>, Clay Olsen, <http://www.FIGHTTHENEWDRUG.ORG>

Become Accountable: Place filters on all electronic devices, **computers, iPads, iPods, cell phones, video game systems, MP3 players,** etc. Use **filtering** that will block questionable sites. Be pro-active in protecting your entire family. **Monitor** all social networking, **Facebook, Twitter, Instagram , You Tube, etc. and block or screen movies and TV,** using USCCB.org reviews of movies. The correct filters on electronic devices will prevent the unexpected pop-ups that can occur while searching the web. Resources: **Net Nanny, Covenant Eyes,** and **NetSmartz.**

Educate Yourself: Learn more about the subject of pornography and sex-trafficking through the vast resources available to you. Provide information about pornography at your local and or diocesan CCW meetings yearly that address this silent but highly destructive subject. Show how prevalent pornography is in our homes and society, and how it is ensnaring our children, and spouses.

White Ribbon Against Pornography Campaign: 20th Annual (WRAP) Week Takes Place! This year (2014) from Sunday October 28 through November 4, national WRAP week will be in full force. Morality in Media maintains there is a moral crisis at hand. White Ribbon’s purpose is to increase public awareness of the harm done by exposure to pornography.

White Ribbon Week began in 1987 when Norma Norris heard a sermon delivered against pornography by her pastor in Butler, PA. Soon after, she conceived the idea of a simple white ribbon as a symbol of decency...**Let’s Win the War Against Obscenity, We Must Be Willing To Put Up A Fight!**

Plan to hold your own White Ribbon Against Pornography Campaign this year, if the dates do not work for you, no problem, this is a yearlong fight, choose the best date for your group, then go to <http://www.moralityinmedia> for details on how to hold a WRAP Campaign.



Pornography Resources & Websites

Morality in Media – <http://www.moralityinmedia.org> The leading organization opposing illegal pornography, providing public educational and advocacy.

PornHarms.com – <http://www.pornharms.com> All children, women, and men have a natural human dignity, and thus a right to be free from sexual exploitation. Pornography, which is inherently dehumanizing, violates this right.

Coalition To End Sexual Exploitation – <http://www.EndExploitationMovement.com> As of February 2014, 145 national, state, and local organizations belong to the coalition. Prevention – Recovery & Healing - Advocacy – Awareness is the focus.

Net Nanny – <http://www.netnanny.com> Internet filtering software and is actively involved in Internet safety campaigns with local and national media.

Covenant Eyes – <http://www.covenanteyes.com> Rates and records every web page accessed and sends an easy-to-read weekly rating report to its members for accountability reporting and real time filtering of inappropriate content.

NetSmartz Workshop – http://www.NetSmartz_contact@ncmec.org A program of the National Center for Missing & Exploited Children that is helping children make safer choices online and in the world.

Pure Hope – <http://www.purehope.net> Christian Solutions in a Sexualized Culture for Raising Kids.

Fight The New Drug – <http://www.FightTheNewDrug.org> Ways to communicate effectively with teens and young adults in order to educate them about the harmful effects of pornography.

Family Watch International – <http://www.FamilyWatchInternational.org> Works at the United Nations and in countries around the world educating policy makers on the central role of the family. They advocate for the protection of marriage, family, life, and religious freedom, and work to uphold standards of decency in society.

The Social Costs of Pornography – <http://www.socialcostsofpornography.com> A statement of findings and recommendations, by The Witherspoon Institute, Mary Eberstadt and Mary Anne Layden.

S.A. Lifeline Foundation – <http://www.salifeline.org> Protecting families from the harmful effects of pornography, a resource for families, religious leaders and community leaders.

National Council of Catholic Women – <http://www.nccw.org> NCCW Commission Systems provides information to support, empower and educate Catholic Women in Spirituality, Leadership and Service as you serve in your homes, community, and your local and diocesan organizations.

USCCB – <http://www.usccb.org> – United States Council of Catholic Bishops

Karen Painter & Judy Brose

NCCW Service Commission - 2013-2015

Prayer for Victims of Pornography

Heavenly Father;

You have created us in your image as a beautiful gift and we thank you. We lift up in prayer all those who have become victims through the media of pornography; for those children who have been abused by it, for those who have used it to not uphold the dignity of the human person and for those who have succumbed to addiction in the use of pornography.

We ask you to turn hard hearts into natural hearts so that all humanity will recognize the beauty of your creation of man and woman. Not only the dignity of your creation has been affected, but family life has been impacted through pornography. There are many victims, and we ask you to watch over and guide them so that all humanity can have an appreciation for your creation.

Lord, please help all the perpetrators of pornography to find the strength and courage to break the bonds of addiction, moving them from darkness into the light of your love. Help us to give strength and aide to the victims of pornography to break the bonds that bind them, so that they will be treated with the dignity that all human persons deserve as your creation.

We ask this through Christ our Lord. Amen.

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2014*