

Spirituality

Corporal Works of Mercy

Pope Francis declared a Jubilee year of Mercy to begin December 8th. So I have a list of the Corporal works of Mercy along with suggestions for each. I'm sure there are more suggestions that you can add.

FEED THE HUNGRY

Serve healthy food to your family and neighbors.
Don't waste food.
Share your food with others.
Volunteer and/or donate food at your food pantry or Church, where needed.

SHELTER THE HOMELESS

Help at a homeless shelter, if there's one in your community.
Donate to places that request things for these people.
Donate money to Catholic Relief Services.

CLOTHE THE NAKED

Donate good used clothing from drawers and closets to St. Vincent De Paul or other places that can use them.

VISIT THE SICK

Visit your local Nursing Home.
Call or send a card to someone you know is sick.
Drive someone their appointment or same day surgery.
Volunteer at your local Hospital.

VISIT THE IMPRISONED

Support agencies that help prisoners that are in jail.
Support programs or companies that help rehabilitate prisoners.
Provide gifts at Christmas for children in families whose parent is a prisoner.
Support the eradication of the death penalty.

GIVE TO THE POOR

Give a monetary donation to a charity or organization that helps the needy.
Buy small gift cards from local fast food places to give to a needy person.
Keep a jar for loose change and use this for your gift cards.

BURY THE DEAD

Visit your friend or relative in hospice.
Attend the Mass of your friend. Have a Mass said for the deceased.
Go with your friend or relative to visit the cemetery.
Attend the wake or visitation.

Last, ALWAYS pray for the hungry, homeless, naked, sick, imprisoned, poor, and the dead.

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