

Spirituality Commission

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Report from the NCCW Convention

Where has the time gone? Fall is upon us and soon we will be experiencing colder weather. I want to thank MDCCW and Columbia North Vicariate for helping me monetarily to go to the 99th NCCW convention in Atlanta. This was my third convention, and I was so proud to represent our Madison Diocese. I have found that by going to the different sessions, that it all comes together spirituality. I learned to be more patient, to watch, and to network.

I attended the first-time attendees' session with my friend, Barbara Mehling. Our fingers were moving so fast as we were taking notes and comparing what we heard and learned. We learned that we are resilient.

Barb and I attended the Virtual Lourdes Pilgrimage and received a Plenary Indulgence also known as "The Get Out of Hell Card."

We are all called to be saints and to do penance. We need to pray for sinners--that includes me! We all have a vocation to become holy. If you don't know what your vocation is, just ask Our Blessed Mother and the Holy Spirit to show you. Prayers do get answered in God's time, not ours.

I learned that Catholic women should be at the forefront of change. We need to support vulnerable women across the nation. We need to plant seeds for our young people and their well-being. Faith is impossible without Jesus for our Eucharistic substance.

We said a Rosary to stop bullying. We prayed for people less fortunate than ourselves. We all know or have been a bully sometime in our life. Being the eldest of 11, I realized I was a bully so many times with my siblings, and that hit me right between my eyes. I am not proud of that; but when we know better, we do better.

We learned how to spot abuse and watched a suicide video. What can we do? We can say something, speak up, and get involved. A little kindness goes along way. Be kind, be there. No one has the power to ruin your day, unless you give them the power to do so.

Jesus is a gift. He is real, not counterfeit. Pray, pray, pray for the women in our church, diocese, and the world. Alone we can do small things, but together we can do great things. Holy Mother of God, pray for us.